



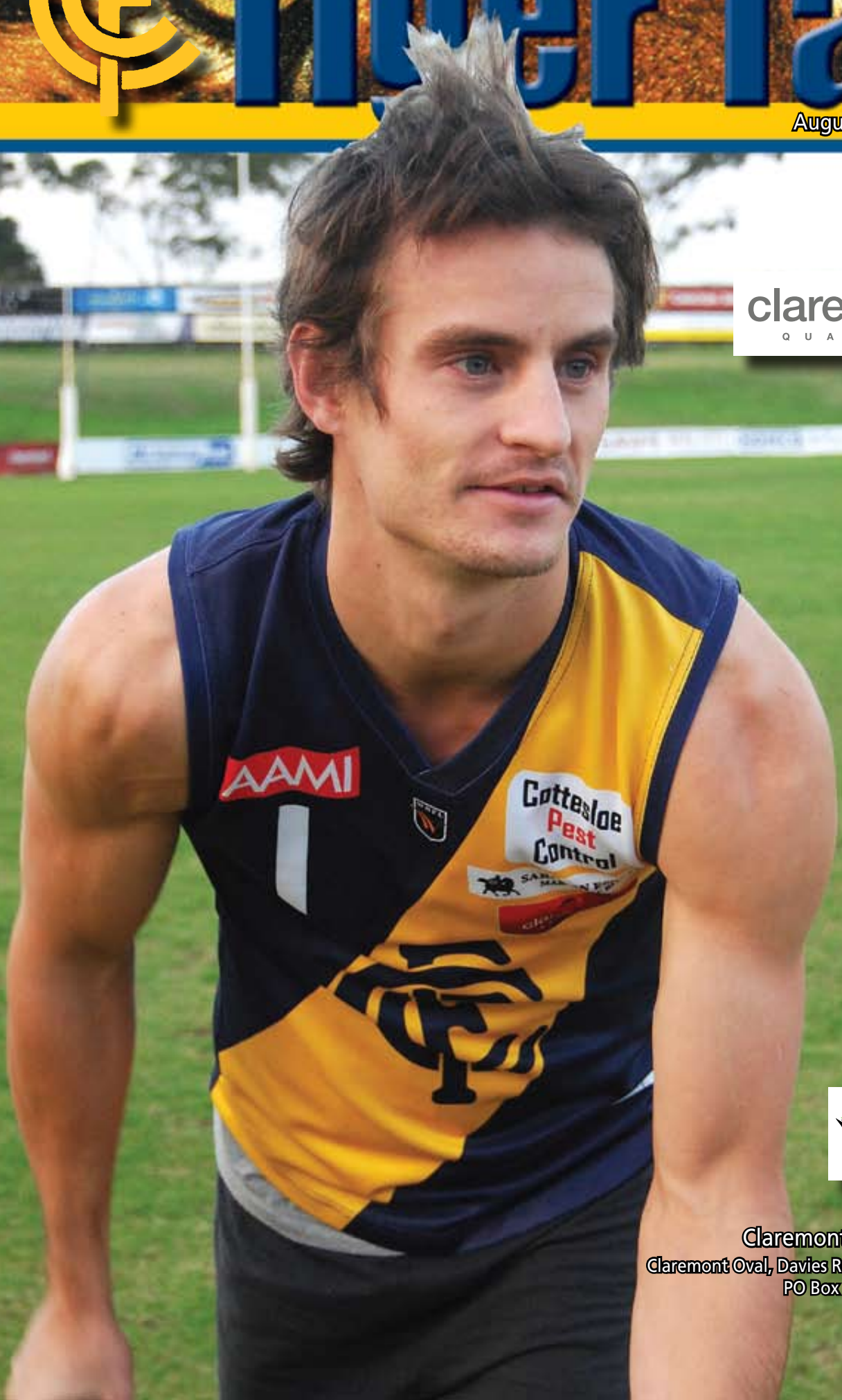
Tiger Talk

August

10

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Claremont Football Club(Inc)
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IT'S ALL ABOUT IMPROVING

Our focus doesn't change. Even though we are now assured of appearing in the finals, we want to win every game.

It's all about improving. It also helps now that in our final few qualifying-round matches we can cast an eye forward to the finals, just looking, learning and planning ahead.

In the past, I've always said that the sole concentration is on the next fixture. But the fact is that we are going to play in the finals. In our remaining qualifying games we'll be starting to look forward, whether we're five goals down and can't win or whether we're five goals up and can't lose.

You need to start looking at what you can get out of that game that might help you leading into the finals. You have simply got to use these games to gather information.

We are getting better at handling different situations. We have had different scenarios thrown at us. We've had teams flooding; we've had teams going hard, one on one; we've had teams playing possession games; we've had teams guarding the corridor and we've had teams trying to stop our run-on style, with linking handball. All this has helped in our planning.

The players should be really excited at the prospect of playing finals football. At the start of the year we thought that if we finished thereabouts around the top four we would have made good progress.

But the team has exceeded my expectations, and once the team starting playing well we all raised our expectations.

The players govern themselves pretty much and captain Clancy Rudeforth has been a revelation as a leader. He's been outstanding. He had some big shoes to fill and has done remarkably well. He trains hard and plays hard and sets a terrific example. He's intelligent and is really aware of all the players and how they're feeling, if they're up or down.

Having Andrew Browne, Chad Jones, Luke Blackwell and Ryan Brabazon as his confidants has really helped him to feel comfortable in the leadership role.

I have been most fortunate to have such a talented and dedicated group of assistants and such wonderful support staff. The coaching group expects the players to be constantly working and striving to improve and we've also made sure that we try to improve by continually assessing ourselves.

Nobody is too precious to think that he knows everything. Bringing Adam Lange, Brad Dodd and Phil Matera on board has been a tremendous bonus. Their AFL experience and knowledge at the highest level has really helped me. There are no egos; they have shared their knowledge and they're all keen to improve.

Other members of the senior coaching group, Peter Falconer, Ross McQueen, Adam Clarke, Darren Kowal, Trevor Scott and David Crute have all played their part wonderfully well. New chairman of selectors Ryan Lasscock has been great. He keeps our meetings structured and he's got a splendid working knowledge of the WAFL and opposition sides.

We've got a good mix and there's mutual respect. Paddy Watson has been outstanding as our new property man, physiotherapist Anthony McEvoy works tirelessly, it's impossible to underestimate the work done by our strength and conditioning experts Jeremy Ingram and Steve Smith and the medical and training staff have been absolutely tremendous. They're all professional and it's been a real team effort.

Finally, the presence of so many AFL players playing for us during the season has not been disruptive in any way. Most of them are Claremont boys and they have all fitted in really well.

This has meant that some players have missed out on league selection for no other reason than the fact that we simply could not fit everybody into the side. There's been players who have missed out after playing really good games of league footy. And the way those young men have trained and played after being dropped back to the reserves has revealed remarkable character.

Simon McPhee Claremont senior coach

RORY WALTON

Down and dirty. Not flashy. He relishes the toughness at football's coalface and his 392 tackles in his first 96 league appearances stamp Rory Walton as one of the WAFL's uncompromising hard men.

And that's despite his somewhat gaunt 77kg frame. His wanderlust ways and determination to see the world have led to a disjointed career and only 18 league matches in the past three seasons.

His sinewy body is holding firm and the no-frills 25-year-old midfielder is on the brink of becoming the 105th man to play 100 league games for Claremont and to have his name painted on to the No. 1 locker in the club's changerooms, along with Syd Moloney and John McIntosh.

Now a dedicated disciple of yoga and studying at university to become a nutritionist and dietician, Walton was an under-13's premiership player with Wembley Downs and enjoyed two under-age premierships with Marist under coach Matt Angus before breaking into the Claremont colts side in 2002 when Ash Prescott was coach and some of his early teammates were Brandon Franz, Chad Jones, Matt Orzel and Trinity Handley.

He had the disappointment of being in Claremont's losing colts grand final side in 2003, the year in which he was joined in the side by Andrew Ruck, Beau Wilkes, Trent de Nardi and Harry O'Brien. His form was quite outstanding and he represented WA in the national under-18 carnival, was chosen in the WAFL colts team of the year and finished third in the club fairest-and-best count.

Walton made his league debut at 18 in the 2004 round-three match against East Fremantle, a televised game at East Fremantle Oval in which the commentator, convinced



LIKES IT TOUGH

that he was a natural left-footer, went into raptures when he snapped a goal with his right foot.

Claremont, with Prescott at the helm, played in the finals that year and in the three following years, and Walton, along with all his mates, suffered the terrible disappointment of playing in three losing grand finals and a losing preliminary final.

All along, like many of his teammates, he had dreamt of an AFL career, and though he and Handley took part in Essendon's early pre-season training one year and there were a few inquiries, nothing eventuated.

The year of 2006 was Walton's standout season when he was runner-up to Daniel Bandy in the club's fairest-and-best award. He went travelling in the off-season and returned overweight at 88kg. However, a diet of hard running got him back on track and he played in all of Claremont's 22 matches.

He finished fourth in the fairest-and-best award behind Jaxon Crabb, Anthony Jones and Bandy, but when Prescott took the job as an assistant coach at Essendon and nothing was happening on the AFL front, Walton found himself at the crossroads.

"I was a bit disillusioned and even though my business as a personal trainer was going well I decided to have a bit of a break and go travelling," he said.

He was away for all the 2008 season and returned to Perth in mid-April 2009. He had travelled extensively in Canada, America, Mexico, Britain, Holland, Germany, Italy, Turkey, Bulgaria, Romania and India.

"When I got back I was very thin, about 69kg," he explained. "I'd lost a lot of weight because I was a vegetarian in India. I wanted to see what it was like, living that sort of lifestyle. When I got back home I started eating meat again and put on weight and I finally worked my way back into the league side."

After making eight league appearances in 2009 Walton had a meeting with senior coach Simon McPhee and informed him that the travel bug was still biting. He told the coach that he needed to do something else besides football and that he didn't feel happy unless he was able to see more of the world.

McPhee arranged for Walton to do a 4km time trial before leaving and said that he had to match that time on his return. So, it was off to India again, and his good mate Franz joined him for a couple of weeks for a trip along the south-west coast of India and into Goa.



When Franz returned home Walton continued, travelling to Malaysia, touring through Thailand, riding a motor bike through Laos and ending up in Vietnam before returning to Perth in mid-February this year. He did his 4km trial and was only 1sec. slower than his time before he left.

So, it was back into training with his mates at Claremont. He played in six matches with the reserves side before resuming in league ranks. He agrees that it was somewhat frustrating waiting for an opportunity to get back into the league side, but says that practising yoga three days a week helped to keep him balanced, mentally.

It was while he was in Canada working for the man who trained Hilary Swank for her role as a female boxer in the wonderful film *Million Dollar Baby* that Walton first became interested in yoga. "He revamped my thinking on the whole health thing," Walton said. "And when I got to India I thought I'd give yoga a bit of a shot.

"I soon realised how good it was for you. It's such a good thing to balance you out, particularly mentally. Without the mind, the body can't operate properly. It's a lot about breathing, slowing down, stretching, trying to relax. You find that your mind is constantly racing. Life isn't meant to be that stressful."

Walton admits he's "not the quickest bloke in the team," but his strengths as a footballer are his unselfish nature, his stamina and endurance which enables him to get to contests, his ability to read the play and his good communication skills.

A good overhead mark for his size, he shirks nothing on the field. He still carries a two-inch scar on his right temple, the legacy of a horrendous clash with an East Perth opponent in the centre of Leederville Oval in his first season in league ranks.

He was about to gain possession of the ball after a centre bounce down when an opponent charged in and struck him to the head with a knee. There was a lot of blood, but a groggy Walton refused to get on to the stretcher, pushing away support staff as he legs buckled beneath him. Finally, concerned physiotherapist Anthony McEvoy and some trainers were able to carry him from the field of play.

Walton has revealed a similar passion in his first 96 league games for the Tigers, and apart from his 392 tackles, he has taken 397 marks, had 1119 kicks (including 46 goals) and has fired out 847 handpasses.

It was the team aspect of football that prompted Walton's mother to encourage him to play football at a young age. "She thought football would be good for me and I've never played any other sport competitively," Walton said.

"I remember watching Crabby running around when I was 14 or 15 and saying that would be cool, you know, this little Lego man running around.

"It was a great thrill a few years later when I lined up with him and other wonderful players like Anthony Jones and Michael Gardiner."

By Ken Casellas

2010 TIGERS CREATE HISTORY

The Claremont league side this year has been a revelation and the 2010 Tigers have already created their own special piece of history

Astutely prepared and coached by Simon McPhee and led in wonderful style by inspirational captain Clancy Rudeforth, the side has done what no other Claremont league team has done in the 85-year history of the club, not even one of the club's ten premierships combinations.

The Tigers of 2010 have set a club record of scoring more than 100 points in 15 successive matches, a scoring spree which ended at Bassendean Oval in round 16 when the side scored 13.14 (92) to draw with Swan Districts 14.8 (92).

The previous club record was set in 1979 when Graham Moss's side chalked up 11 100-point-plus games in a row. That side also had ten 100-plus games in succession in the first half of the season. The mighty 1981 Tigers won ten in a row with plus-100 totals.

After 16 rounds this year the Tigers are in a buoyant situation, with the league and reserves sides on top and the colts in second position, all assured of appearing in the finals. The league side had tasted only one defeat (against Swans in round seven) and showed the way on the premierships table with 58 points, with Swans on 50 points and Subiaco and West Perth each on 36 points.

The reserves, coached by Ross McQueen, are performing in grand style and are on top with 50 points, well clear of East Fremantle and East Perth (44) and Perth (42). With 12 wins from 16 matches Wayne Blackwell's colts side is in second place and virtually assured of meeting East Fremantle in the second semi-final. And the Tigers have a stranglehold on the Rodriguez Shield.

Another record to fall to the league side this year came in round ten when the Tigers produced an exhilarating, irresistible brand of cohesive team football to annihilate Peel Thunder by 194 points at Claremont Oval, the club's biggest winning margin. Claremont's total of 38.12 was the third highest in the club's history.

The league side has performed at a high level throughout the season, despite the absence through injury at various times of Andrew Browne, Ryan Brabazon, James Thomson, Chad Jones, Jesse Laurie, Simon Starling, Tom Ayton, Andrew Foster, Trent de Nardi and Blake Anderson.

After 16 rounds 39 players, including 12 debutants, had seen league action. Only Luke Blackwell, Ian Richardson, Andrew Ruck, Kane Mitchell, Tom Derickx and Jarrod Ninyette had played in every match.

The strength throughout the club is illustrated by the fact that eight players have been invited to attend AFL screening sessions. The only club with more invitees is East Fremantle, with 11.

Colts stars in key defender Gus Litherland and key forward Anton Hamp have been invited to attend the national screening program. For a player to be invited to this screening there must be more than five AFL clubs declaring an interest.

To be invited to attend the State screening, more than one and fewer than five AFL clubs must show an interest. Invited to take part in this



program are colts midfielders Tom Ledger and Michael Evans and first-year league ruckman Derickx, hard-running midfielder Brabazon, lively forward Ninyette and powerful defender Starling.

As well as that, Jones, Blackwell, Richardson and Laurie have all taken part in previous AFL screenings and the results of their tests are well known. Like those taking part in the screenings sessions this year, these players will be considered by AFL clubs.

Six members of the Claremont colts side which beat Peel Thunder by 67 points in the grand final last September graduated to league ranks this year. They are Nat Fyfe, Keifer Yu, Gerrick Weedon, Ryan Neates, Aaron Holt and Jordan McAllister.

Fyfe was outstanding in four league appearances at the start of the season, taking 31 marks and scoring 13 goals, before stepping up and playing wonderfully well for the Fremantle Dockers. Weedon, Neates and Lewis Broome (a star in last year's colts grand final) are all progressing well as young project players with the West Coast Eagles.

Other league debutants this year have been Brabazon, Derickx, Andrew Foster, Anderson, Tom Lee and Nick Suban.

McPhee, McQueen and Blackwell are now planning carefully for their final four qualifying-round matches, leading into the finals. No coach and no player at Claremont is resting on his laurels and taking anything for granted. Confidence is high in all three grades, but everyone knows only too well that nothing is achieved without tremendous application and dedication.

By Ken Casellas

UNDER-AGE REPS DO THE TIGERS PROUD

Once again, the youth in Claremont's district did the club proud by performing admirably in the national under-18 and under-16 carnivals this winter.

Defender Gus Litherland and midfielder Tom Ledger were outstanding for the WA under-18s, while Tom Mitchell, recovering from shoulder and foot surgery, was unable to play and key forward Anton Hamp was forced out of action after receiving a cracked rib in the opening fixture against South Australia in Adelaide.

Full-back Mackenzie Morgan, centreman Brendon Lim and on-baller/winger Shannon Taylor shone for the State under-16s.

Litherland and Ledger earned high praise from coach Brad Wira, who described all the Claremont teenagers in the WA squad as outstanding characters, well-mannered, polite and willing to do everything asked of them.

"Litherland had a brilliant carnival, performing strongly in all five matches," Wira said. "He narrowly missed selection in the all-Australian side. His reliability and his genuine want to play for the team were wonderful assets. He runs and carries the ball and I would like to see him play farther up the ground.

"He proved that he could play effectively on tall and small opponents. Against the Victorian Country side he played on their key player, who rotated between full-forward and a wing. Gus was instructed to play on him wherever he went and he did his job with aplomb and was out best player.

"Ledger was fantastic and kept improving as the carnival went on. He's certainly underrated in the area of genuine hardness. He does a lot of the grunt work, can run and carry the ball and is a goalkicking on-baller. He has clean balls skills and is a very competent kick.

"It was a shame that Hamp was injured in our first match, when his teammate Jack Darling slipped at a ruck contest and kneed him in the ribs. Before that, his form for the Claremont colts was quite impressive. He's a genuine leading forward who can take a good contested mark."



State 18's - L to R Tom Ledger, Angus Litherland and Anton Hamp.

The WA side beat Queensland and New South Wales and lost to Vic. Country (the winners of the series) by six points and also to Vic. Metro and SA.

Ledger, who has been in dynamic form for the Tigers colts in recent weeks, said that it was a very enlightening experience to train with the WA squad and to play in the carnival.

"You got to test yourself against the best players in the country and the experience has given me a lot of confidence coming back to play colts football," said Ledger, who is a first year law and commerce student at the University of WA.

Ledger, a member of the Scotch College first 18 in the past two years, has made giant strides since he started this season with the Tigers colts on the interchange bench. "I didn't really know where I was at, and when I was picked in the WA side I thought I'd try to get one game.

"I did okay in the first match in Adelaide and was able to play in four of our games," he said. He enjoyed the experience of playing on the ball and rotating with Perth's Reece Conca on a half-forward flank.

Ledger, who was coached at Scotch by former Claremont, Fremantle Dockers and St Kilda player Mark Gale, said that it was a testing time playing in the under-18 carnival under the constant scrutiny of AFL talent scouts. "You know they're watching, but when you're playing you don't think about the AFL.

"It's not a real focus, but it is in the back of your mind. You just want to do well for the team, and now our first aim at Claremont is trying to win a flag. A few AFL clubs have already spoken to us three."

Ledger, who describes Gale as an extremely motivating coach, has learnt a great deal this year from Claremont colts coach Wayne Blackwell (who played 112 league matches with Claremont and 110 for Carlton) and from Wira (who played 122 games for Claremont, 62 for the Western Bulldogs and 34 for the Dockers).

"Blackie gives simple instructions and wants each player to beat his opponent and win the contested football," Ledger said. "That's an essential focus at this age, rather than getting caught up in tactics. Brad is different to Blackie. He's more of a new-age coach who encourages you to make the most of your particular assets."

Morgan, Lim and Taylor all received glowing reports from the coaching staff after the national under-16 championships in which WA beat Vic. Metro by 78 points and Vic. Country by 44 points and lost to SA by 27 points.

Morgan worked hard to contest strongly at full-back and he was under notice against Vic. Metro with many strong marks. Lim, a well-balanced centreman, was excellent at the stoppages and he ran and carried the ball in fine style.

Taylor revealed wonderful pace playing on the ball and his disposal was highly effective. He kicked two goals against SA at Blacktown's Olympic Park and he impressed with a skilful display on a wing against Vic. Metro when he ran off his opponent several times.

By Ken Casellas

Social Pages

Since our last Tiger Talk, the Club has held two very successful functions. Our first event was the 2nd Growling Tiger Function down at Saracen Estate in Margaret River hosted by Maree Saraceni on Wednesday 16th June. Once again Maree rolled out the hospitality carpet to 45 Claremont sponsors as we tasted the wonderful Saracen wines, The Duckstien Brewery's fine ales, and the outstanding food & service from Saracen Estate. Our special thank you to Maree Saraceni for your continued support of our Claremont events, and to Gemma & Michelle from Saracen Estate for organizing the event. Our second event was our Breakfast with Brett Ratten & Mark "Bomber" Riley in the Upstairs Lounge last Friday the 23rd July before the West Coast Eagles v's Carlton game. The Club was delighted to have over 200 people attend the breakfast which was MC'd by Channel 9's Mark Readings. Brett was very open and clear on Carlton's future and Bomber was his normal jovial self with wit and humour about his times at Tigerland. Our appreciation goes out to our wonderful Ladies Committee who cooked a full buffet breakfast for over 200 people



Coming Events at C.F.C.



FINAL HOME GAME FOR SEASON 2010

Saturday 14th August

CLAREMONT TIGERS vs SWAN DISTRICTS

Colts 9.15am | Reserves 11.45am | League 2.15pm



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MAIN AUCTION seating at 7.30pm with 3 course dinner, beer, wine, soft drinks, tea and coffee plus some fantastic items up for auction.

Only \$120 per person all inclusive – don't miss out phone the Club Office now and book your seats or table.

PPO&SA / COLTS QUIZ NIGHT

Wednesday 25th August

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District News



SMARTER THAN SMOKING JULY HOLIDAY CLINIC

Claremont Football Club and District annual Smarter than Smoking July School Holiday Clinic was successful with 248 kids attending, an increase of fifty from 2009. The holiday clinic was run over two days for boys and girls aged between 5 and 12 years old where the kids were split into groups according to their age and taught all the skills required for AFL football as well as watching AFL educational DVD's and receiving a tour of the Claremont Football Club.

Each group activity was delivered by Claremont Football Club players, this year the kids were blessed by the presence of Ian Richardson, Ryan Brabazon (pictured left), Kane Mitchell, Blake Anderson, Jake Murphy, Andrew Ruck, Cal Walley, Dylan Ross and were joined by colts players Nick Kyriakackis, Jordan Aitken, Jordan Tait, Luca Berradini and Chaz Flint.

The highlight of the two day clinic was the visit by West Coast Eagles players Brett Jones, Beau Waters and Lewis Broome. All kids had the opportunity to receive an autograph from the players and ask the players some questions about their football career.

SECONDARY SCHOOL FOOTY

With school term 3 under way, our programs are in full swing in secondary schools, with year 8,9 and 10 male and female classes at Churchlands SHS, Shenton College, Perth Modern School and St Mary's all taking part in the Freo House Footy as part of their Physical Education Program. The role of these programs is to increase the participation of secondary school students and engage new markets for which will hopefully attract new participation at community level. This year has seen an increase in secondary participation with 11 out of the 13 schools taking part in at least one of the programs delivered by Claremont District development staff.



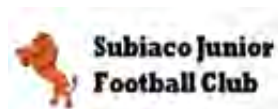
Claremont FC Colts players Luca Berardini and Ben O'Regan.

CLAREMONT SPREADS ITS WINGS TO THE COUNTRY

Claremont Football Club District Development staff have just recently completed visits to the Great Southern as part of the servicing of the clubs country zone.

At the beginning of June, Claremont District Development Officer Sam Cousens accompanied by Claremont FC Colts players Ben O'Regan and Luca Berradini joined Great Southern Regional Development Manager Brent Sheridan and AFL Sports Ready Trainee Cameron Newbold for three days of primary school carnivals.

The three day tour included a 'Skills and Drills Day' at Lake King which captured participants from Newdegate, Ravensthorpe, Hopetoun and Lake King. Gardiner Lightning Carnival on day two which involved seven schools from within the local area - Jerramungup, Bremer Bay, Borden, Ongerup, Wellstead, South Stirling and Gardiner and on the final day the Cranbrook Lightning Carnival in Frederick's Square Cranbrook which involved Tambellup, Cranbrook, Kendenup, Frankland and St Bernard's Kojonup.





Pictured from left to right at the recent Churchlands SHS Freo Faction Day is: Jake Murphy (Claremont FC), Adam McPhee (Fremantle FC), Tom Morrison and Chris Tan (Churchlands SHS Phys Ed), Chris Tarrant (Fremantle FC), Ian Richardson (Claremont FC) and Tamer Mol (Claremont FC Promotions and Development Assistant)

And just recently newly appointed Claremont FC Development and Promotions Assistant Tamer Mol took a day trip down to Gnowangerup for the annual Gnowangerup school holiday clinic. Mol joined Sheridan and Newbold to deliver the one day holiday clinic for 50 boys and girls aged from 5 – 12 years old.

**UPCOMING EVENTS
CLAREMONT FOOTBALL CLUB & DISTRICT
JUNIOR PARADE DAY: SATURDAY 7TH AUGUST**

Junior Club Parade Day will be held when Claremont take on arch rival Subiaco @ Claremont Oval. This year the day will involve pre game parade, half time events such as sprint races and longest bomb and during the game enjoy activities which include handball competitions, animal farm & bouncy castles. Last year over 600 kids took part in the parade day.

**NAB AFL AUSKICK GALA DAY: SUNDAY 15TH
AUGUST @ CITY BEACH OVAL 9 – 2.30**

AFL Auskick Gala Day is one of the biggest events in the Claremont District Development calendar. Each year approximately 1300 kids from Pre primary to year 3 will descend onto City Beach Oval to take part in grid games against other Claremont District junior club Auskick centres. Claremont Football Club players make their mark on the day by umpiring all the games.

**CLAREMONT DISTRICT JUNIOR COMPETITION
FINALS 29th August – 12th September.**

Finals for the Claremont District Junior Competition will be played over three weeks on the 29th August, 6th September and Grand Final Day held on the 12th September. Grand Finals will be held at Claremont Oval and the Claremont Show grounds with nine to be played over the five age groups.

**DAN BARNES
DISTRICT MANAGER**



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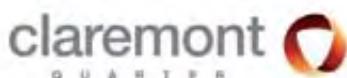
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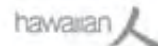
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COUNTRY CARNIVALS

by Brett Claudius

July represents a busy time of the year for the country folk as this month in the calendar is full of representative carnivals that take place right throughout the state and culminated with the playing of the 46th Landmark Country Carnival. Below is a brief summary of a few of the lead in carnivals that Claremont zoned teams participated in preparing for these Championships.

HWE Kimberley Colts Championships

This carnival represents an important stage in the Talent Pathway for gifted young men in the Kimberley. Claremont is working hard in an attempt to streamline the pathway for talented young football players in the Kimberley and a major development in this process has been the appointment of Brett Claudius as a part-time Claremont employee as Kimberley Talent Officer. In a nut shell Brett's duties will be to set up & maintain an accurate database for players, effectively monitor the progress of these players and implement strategies and programs that enables these players to implement and display skills learnt.

Five regions headed to Fitzroy to participate in this year's carnival (Central Kimberley, Kutjungka / Halls Creek, West Kimberley, East Kimberley and Derby / Looma). Halls Creek / Kutjungka (Desert region) were the team impressed most through the Round Robin stage of the carnival and went on to defeat a courageous West Kimberley in the Grand Final. It was a result that ended the East Kimberley's dominance in the competition (had won 4 of the previous 5 championships). The success of the Halls Creek / Kutjungka team highlighted the significant developments of football in that region. The result also represents an exciting development in the talent pathway with players from the desert now engaging in the Kimberley spirit program.

The competition once again did not disappoint with typical Kimberley style of play..... plenty of pace, athleticism and good foot skills being displayed. Claremont Talent Development Manager Steve Calder quoted that "the standard of football seems to improve every year". Players that performed well in the carnival and you may see appearing in Claremont teams in the not too distant future included Tim Mosquito, John Purdie, Joel Hamling and Scott McPhee just to name a few.

Great Southern Colts Carnival

2010 represented the 88th year of this carnival, the oldest Football Carnival of its type in Australia, which was held in Kulin which is celebrating its 100th year birthday. Seven teams headed to Kulin and were greeted by some nippy conditions; however the facilities at the Kulin Freebairn Recreation Centre are ideal to host an event such as this. The competing teams were Goldfields, Great Southern, Clontarf, Eastern Districts, Ongerup, Upper Great Southern and Esperance.

This carnival gave teams to opportunity to fine tune their preparations for the upcoming Landmark Championships and there was also a Regional Districts team, to be coached by Kelvin Holmes, selected that would give players from regions that don't attend Landmark the opportunity to travel to Perth and compete in this prestigious event.

Esperance were the eventual title holders and this was only fitting as they were the dominant team throughout the whole carnival, going through undefeated and easily accounting for a determined Upper Great Southern in the Grand Final. Good

news for the Claremont faithful is that a couple of the Esperance stars are zoned to Claremont as they only school down south but originate from the Kimberleys those boys being Waylon Manson and Graeme Thomas. Other boys from the Claremont zoned teams of Great Southern and Ongerup to impress were Dylan Morgan, Henry Woods, Taylor Powell, Bodhi Clifton, Marley Williams and Tom Harding.

Landmark Country Football Championships

Teams from all over the State congregate in Perth and compete against one another in various grades for the chance to be crowned the Champion League for 2010. A total of 23 teams participated in this carnival, a remarkable effort. Of the Claremont Country zone we were represented by teams from Great Southern (Colts & Seniors), Ongerup (Seniors), Regional Districts (Colts) and Kimberley Spirit (Colts). Unfortunately none of these teams won the title this year but all performed with distinction and the regions were represented by some very talented footballers.

Undoubtedly a highlight of the four day carnival was the Thursday night dinner when Claremont Football Club hosted all our zoned teams for a meal and drinks in the Members Lounge. Current Claremont Country players such as Matt Orsel, Jesse Laurie, Darren Mumford, Sonny Dann, Ben Saunders, Coleman Christinelli, Jeremy McGovern and many more joined the Country teams to make up the 280 players and officials that enjoyed the evening. Claremont staff presented awards to each of the participating teams and the evening concluded with an inspirational presentation to Aunty Anne (Anne Jones) who had just recently lost her husband, John Jones, in a tragic plane crash. John has been a great supporter of the Claremont football Club and in particular football in the Kimberley, hence the naming of the Kimberley Champs after his company HWE.

Results of Grand Finals and All-Stars Teams were:

A Grade Seniors: Upper Great Stun def Peel

B Grade Seniors: Great Northern def Mortlock

C Grade Seniors: Central Midlands def North Midlands

A Grade Colts: South West def Regional Districts

B Grade Colts: Peel def Avon

2010 Seniors All Stars Team

Tim Richter, Tyson Lord, Kris Hill, Josh DeBuelle, Clinton Rudd, Julian Jacobs, Liam Carlyon, Caleb Mourish, CHRIS DENNEY (Royals), Clint Zabaznow, Dean Trehwella, Aubrey Jacobs, PHIL RUMBLE (Gnowangerup), Greg Sanders, Tim Springett, Joel Catalano, Viv Blurton, Jeff Smith, Brett Board, Bryan Hardie, Michael Taylor, Troy Ditchburn and Matthew Power.

2010 CBH Colts All Stars

DARRYL BURKE (Denmark / Walpole), DAVID PARKER (Royals), ALEC HASKINS (Denmark / Walpole), TAYLOR POWELL (Royals), Chad Hagboom, Nathan Robinson, Sam McKay, Josh Peterson, Sam Farrier, Haiden Schloithe, MICHAEL TREVENEN (Lake Grace / Pingerup), Michael Kaye, Shaun Crane, Mitchell Howlett, Mitchell Ashworth, Michael Battaglia, Levi Rohan, Harley Fry, Damian Waight, TIM MOSQUITO (Warmun Eagles), JOHN PURDIE (Wyndham Crocs), JAMES RIVERS (Halls Creek Hawks) and WAYLON MANSON (Bililuna Roo's).

Claremont Football Club Academy Update by John Holt

I am pleased to give all club stakeholders an update on the development of our Football Academy.

Before I start, it is important to understand what the major aims are of the Academy.

To provide young talented players (between the ages of 14 to 19) with professional coaching and guidance needed to fulfill their potential on and off the field.

To provide a pathway for coaches, umpires and staff within the Claremont Football Club and its districts.

To create a positive environment (professional and fun) where players and their families want to be involved in the Claremont Football Club.

To provide assistance to our young people to achieve a balance between their academic and sporting commitments and aspirations within a fun and supportive environment.

To achieve a consistent level of local players on the CFC Senior list in excess of 80%.

With the Academy motto of "Develop our own and promote from within", it is important the programs take a "holistic" approach to the development our young people, and whilst the club has a proud history of success on the field, the Academy will add value with the introducing off field programs, such as leadership, communication and cultural awareness which will concentrate on life skills within a football club environment. Programs will be introduced over a 4-5 year period and be relevant to the varying age groups commencing

with some pilot programs in this years 14's and 15's groups who have recently commenced training.

To help us achieve our goals we have taken a significant step by partnering a company called "Life Skills" which is an independent company that will help facilitate up to 23 programs over the course of the next 12 months. Former Fremantle and St Kilda player James Begley heads up the company and brings a specialised knowledge to our Academy. James is currently working with the Fremantle Dockers and several other companies in this area and we are thankful for their assistance. It is important to note that parent involvement is encouraged when "Life Skills" sessions are planned.

It is no secret that to make our Academy the best it can be it will take significant funding, and I will take this opportunity to anyone that can assist either privately or corporately to discuss the sponsorship of the Academy with us. It is an exciting program we have planned with some very dedicated people behind it.

I would also like to take this opportunity to thank Steve Calder and Murray Ward in particular for their time and effort in getting our Academy to this point and whilst it is in its very early phase of development we believe the club has taken a wonderful step towards helping produce young men and women that can contribute not just to the football club but to the community as a whole.

BOOST FOR MAINTENANCE GROUP

WA Premier and Cottesloe MLA Colin Barnett has announced \$10,440 funding for the Claremont Football Club to help improve waste management at Claremont Oval. The funding is allocated from the State Government's Community Grants Scheme.

Mr Barnett said the grant would enable the Claremont Football Club's maintenance volunteers group, which is responsible for cleaning and maintaining Claremont Oval, to purchase a bin lifter for waste and recycling collections.

"These volunteers, many of whom are in their mid-70s, work tirelessly to ensure the oval and its surrounds are safe for the many users and spectators," Mr Barnett said.

"The lifter will improve waste management and make their work a lot easier. This will benefit thousands of people who use the oval each year."

In addition to the Claremont Football Club, the oval is used by Solaris Cancer Care (with patients using the oval for group exercise), Iona performing arts students, 12 metropolitan junior football clubs,

eight metropolitan senior football clubs, senior and junior football clubs from the Great Southern region and Kimberley region, women's football, local colleges and schools, Music Viva (a schools music program) and other community groups.

